

Necessity of the Knowledge of Child Psychology for Parents and Teachers

Mr. Bodising Narah¹ & Mrs. Junu Kutum²

^{1,2} Asst. Professor, Department of Education Purbanchal College, Silapathar, bodisingonline42@gmail.com

Abstract: *Actually, human life is a continuous developmental process going on from the moment of birth to the moment before death. The study of pure psychology and applied psychology is absolutely needed in order to realistically evaluate the overall aspects of this continuous developmental process. The important branch of psychology i.e. child psychology deals in depth with various aspects related to the physical, mental, emotional social and personality formation that occur from the moment of the child's birth to the period of 12 years. In the field of overall development of the children the parents and teachers can play vital role. Because we can never imagine the all-round development of a child without the role of teachers, parents as well as societies. So in this field the knowledge of child psychology is very important. The knowledge of child psychology helps the teachers and parents to tackle the primary behaviour of the children. It gives detailed knowledge about the relationship of heredity and environment which are both responsible for human growth and development. In this context, in this paper has been made modern changing concept of child psychology and its scope. Especially the paper has been attempted to analyse about how much importance of knowledge of child psychology for the teachers and parents in the development of real life of the children.*

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I. INTRODUCTION

Usually everyone says that human life is the best of living beings. But there is definitely a need to know what is the main significance of this excellence is. Because in order to make the main reason for the superiority of human life we must pay attention to the aspect of the study of psychology. Knowledge of the study of psychology helps to know the overall aspects of human life i.e. the essence of the best life.

Times are always changing. In line with this change modern day scientists have developed some new branches of psychology with the help of new research and studies. Such disciplines are primarily a very important part of general psychology. Child psychology under these disciplines is just a department full of important and unique features emerging from general psychology. Although child psychology has a close related with general psychology despite its distinctive characteristics. Because modern psychologists can be said to have given birth to this new section to systematically study the behavioural characteristics and problems of children of future descendants of human society to some extent and take their developmental process in the right direction. In particular, it is very important to have a detailed discussion of the early stages of life as well as infancy and childhood of children in order to gain real knowledge about the progress of various functions of human life. It is not easy to move the process of their development forward smoothly unless they can assess the mature entity hidden in children. Therefore in order to understand every child better it is very important to understand the real reason for the variation in different aspects of their personality and

for this one has to study the life story of the people thoroughly. In recent times proper knowledge of childhood has become necessary for everyone in today's society. It is for these reasons that child psychology has become an interesting and much-needed subject and has become a separate subject of study in the education world.

The knowledge of child psychology has become very important for every parent and teacher as well as the society especially in the field of all round development of children. Because we can never imagine the mental, emotional, social as well as physical and spiritual development of a child without the role of parents at home, teachers in school and ideal persons in society. The well-intentioned advice of parents and teachers helps to make the bright dreams of a child's future life a reality as well as enrich themselves as a good citizen. So in order to make various aspects of a child's overall development a reality it is absolutely necessary for teachers and parents to have adequate knowledge of the study of child psychology.

II. OBJECTIVE OF THE STUDY

The main aim and objective of this paper is to aware the concept of child psychology and to analyze about how much needed the knowledge of child psychology in the field of overall development of the child. Also an attempt has been made to analyse about the positive role of parents, teachers and society in the future development of children.

III. METHODOLOGY

The study is mainly based on descriptive and theoretical method and the data has been collected through secondary sources by taking the help of various books, articles, thesis, research papers, magazine, Journal, internet etc.

IV. HISTORICAL AND CHANGING CONCEPT OF CHILD PSYCHOLOGY

The concept of child psychology is not very old though its importance is increasing day by day with the passage of time. If we review the historical point of view the focus of families was on only survival. At that time the idea of a need for education of the common man emerged. Until this point, it was primarily only those who intended to enter the become government officials or physicians who received any kind of formal education. So historically the meaning of child psychology was not significant at that time. With the change of time people's minds have been changed. In the wake of this change new ideas have been created in the minds of the people. This led to the emergence of modern changing ideas on child psychology. Various psychologists, academicians and sociologists seem to have put forward their respective views on child psychology.

The nature and scope of child psychology seems to expand widely in the modern changing concept. According to the changing concept like other natural sciences the subject of psychology can be divided mainly into two parts. The first part is pure psychology and the other is applied psychology. Child psychology studies several other important aspects related to development including the child's mind, behaviour etc.

Child psychology studies the whole pace of body and mental development that occurs in a child from the time he/she conceives in the mother's womb to the early adolescence.

In fact human life is a continuous developmental process going on from the moment of birth to the moment before death. This important branch of psychology i.e. child psychology deals in depth with various aspects related to the physical, mental, emotional social and personality formation that occur from the moment of the child's birth to the period of 12 years. Overall, the main topic of child psychology is the child's mind and his behavioural process. It is not only concerned with data acquisition but its practical value is also important. Contemporary child psychologists have developed it as a science to explain the meaning of child psychology and have laid its foundation on scientific theory and research. At the same time its meaning and discussion is also becoming increasingly complicated and widespread. This has resulted in new perspectives in the field of child psychology.

V. BENEFITS OF STUDYING CHILD PSYCHOLOGY

We know that today's children are citizens tomorrow. So it should be the responsibility of each one of us as teachers, parents as well as conscious people of the society to make them a good citizen in the future. In this field the study of child psychology is gives more benefited to us. The knowledge of child psychology can help teachers to better manage challenging students and improve their learning experience. Through the proper study of child psychology can identify the abnormal behaviours and help detect the root of common behavioural issues. As soon as the child's abnormal and original behaviours are identified, knowledge of child psychology helps in better counselling of those behaviours. Also the study of child psychology helps to prevent, evaluate, and diagnose mental health and learning problems and development. Proper planning of the activities and experiences of the children is also possible with the knowledge of child psychology. Actually as parents as well as teachers we should understand how children think and feel. Because their behaviours are reflect as per their feeling and thinking. The knowledge of child psychology provides valuable insights into children's especially in some significant aspects such as emotional, cognitive, and social development. Also the study of child psychology allows adults to better understand the needs of children and provide appropriate guidance. Besides, one of the significance benefits of child psychology is that to identify and address any potential developmental. Because before solving the problems we should identify the significance problems of the children. After that it is easy to solve. In this field the knowledge of child psychology properly helps the teachers and parents. We know that health is wealth. Therefore in the field of development of a child as teachers as well as parents should be careful in the aspects of mental and physical of the children. The knowledge of child psychology helps adults to create the nurturing environment of the children and promote positive mental health. As well as it also helps in creating nurturing environments that promote positive mental health and well-being. Overall we can say that the knowledge of child psychology is benefited to every sides of child. So we as adult as well as parents, teachers the particular knowledge of child psychology should be gained.

VI. IMPORTANCE OF THE STUDY OF CHILD PSYCHOLOGY FOR PARENTS

In reality is true that the development of child's character is dependent on teachers as well as parental directions. In this field as a responsible person the parents and teachers can vital a pivotal role. Because a child's behaviour and development is affected by a lot of external and internal factors. The knowledge of child psychology helps the parents and teachers

understand the causes being affected in various aspects of internal and external factors. Also provides guidance to ensure optimal growth of the child.

Therefore, the following are some important aspects of how the knowledge and study of child psychology can help parents in the development of a child.

➤ *Positive Behaviour:* If we want to good behaviour of the child then we should try to better from childhood stage. In this regard the importance of child psychology is growing day by day. Actually understanding the child psychology is not only for deciphering the behaviours and emotions of children. Especially it is very necessary for encouraging the better and positive behaviour of the children. Therefore as a parent as well as teachers we should observe that how their minds work, how they can feel. So in this field the knowledge of child psychology helps the parents very deeply.

➤ *Foundation for the Future:* We know that today's child is citizen of tomorrow. Every parent expects that their children would be a good citizen, a ideal person as well as mentally, physically, socially and spiritually strong in future. But parents and teachers must not only to think about it, they have to pay attention to those aspects of their child's development. The knowledge of child psychology will help set their children up for a healthy and successful future.

➤ *Identifying the Potential Problems:* One of the significant benefits of the study of child psychology is the identifying of potential problems of the Childs. Every children have their future potential in different. The identifying these potentials are very important. So having a good concept of child psychology as a parent enables us to be proactive and identify these potentials early on. In this field the knowledge of child psychology is very important.

➤ Actually if we really say parents are backbone of the development of a child. Proper positive guidance's of the parents are helps to children for their builds of future as well as being a good ideal person in the future life. So in this field the knowledge of child psychology helps the parents positively.

➤ *Policy Makers and Inspires:* In reality it is true and all we know that parents are the focal point of a family. As a head of the family the role of parents is very significant. Because in the field of all round growth of a family the parents have to take all responsibility. Parents take the final decision to betterment of the family and takes necessary steps to solve problems that occur in family. Therefore, all these aspects can be implemented by the proper knowledge of the child psychology.

➤ *Understanding the Needs of Children:* Generally, the children much more expects from their parents. These expect may be in different fields. As a parent the needs of children have to understand and have to feel that actually what they are wanted. The knowledge of child psychology helps the parents

understand a child's needs as well as helps in the proper instructions to the children.

➤ *Parent-Child Relationship:* We know that a good relationship of the parent and child is helps to build up in a good citizen of the future. Actually the relationship between children and parents should be friendly. Because relationship of friendship of the children and parent can helps in the build of positive result of children in the future. So in this field the study of child psychology is very necessary for parents as well as guardian.

➤ *Reading Books and Articles:* It is true that the knowledge is power. We can gain enough knowledge from the different books and articles. Therefore as a parent we should read books and article on particular matter. Because reading books and articles about child psychology can help you understand your child's developmental stages, which can help you anticipate their needs and behaviours.

➤ *Emotional Needs:* One of the significance aspects of child development is emotional need. As per stages of human life the emotional needs are in different. So as a parent should be identify the different emotional needs of the children and try to solve the critical ones. In this field the knowledge of child psychology helps parents to recognise and address their child's emotional needs.

VII. IMPORTANCE OF THE STUDY OF CHILD PSYCHOLOGY FOR TEACHERS

Teachers are the pathfinder of a child as well as for overall development of a child a good environment is very necessary. Teachers are the second pathfinder of development of the children after parents. Through the formal school teachers play a vital role in the all round development of children. The proper guidance and significance counselling of the teachers can change the life of students. In this field the study of child psychology helps the teachers specially.

Generally a child learns new knowledge formally through the school. A child acquires a variety of knowledge and experiences as a result of the influence of various positive and negative environments in school. For do more effective of the acquire knowledge and experience of the children the teachers should gain proper knowledge of the child psychology. Through the school teachers can develop mentally, spiritually, socially as well as intellectually of a child. So in this field the knowledge of child psychology is very important for teachers. Following is a positive analysis of why teachers need to kw about the knowledge of child psychology:

❖ *Shaping Behaviour:* We are all known that children are spending a maximum of their time in school. Actually, teachers are the ones who tend to have a big impact on the development of the children as well as they play an important role in shaping a child's attitudes and behaviours. Through a good behaviour can build a good ideal person. Therefore for the good

behaviour of students the teachers should try to better from childhood stage. In this field the contribution of child psychology is much needed.

❖ One of the significant aspects of child psychology is develop unique teaching techniques. The knowledge of child Psychology helps teachers to develop unique teaching techniques that apply to every child. Besides, a study of child psychology helps the teachers to identify the prime reasons for the delay in the mental growth of children as well as to solve the recognize problems.

❖ *Developmental Needs*: Generally as a teacher must know how to deal with children of different ages. The knowledge of child psychology prepares teachers to work with children and meet their physical, emotional, cognitive, and social needs. Also it helps teachers to create activities that effectively address the needs of their students.

❖ *Pathfinder and Mastery of Skills*: In reality it is true that the status of teachers is high and it will always remain high. In reality it is true that the status of teachers is high and it will always remain high. In school a child learns his formally social skills, adjustment process and imitation process through proper guidance of the teachers. Especially as the child grows and develops mastery in different skills, teacher becomes a real guide in nurturing his interest and learning to make him more independent. In this field the knowledge of child psychology is very deeply helps the teachers.

❖ *Developing Emotional Intelligence*: We know that intelligence is a mental power. In different stage of children their emotional intelligence is in different. Because emotional Intelligence is totally dependent on the environment. It is related neither to development of some organ. In this field teachers can play a vital role. Therefore if the teachers want to study the level of emotional intelligence of the students then teachers must the knowledge of child psychology.

❖ *Participation in Different Activities*: Actually, in the school the students can improve their external and internal qualities through the different activities. Because co-curricular activities helps the students in their physical, mental and social development. In this field teachers' support and participation are crucial to any programme that involves students.

❖ *As a Counsellor*: As a counsellor the role of teacher is very significant. In the field of all round development of the student's teacher is always there to offer advice to students at crucial turning points in their lives. Especially teachers help all students in the areas of academic achievement, career, and social as well as emotional development. So in this regard the role

of teachers cannot be denied. Generally, school teachers help students prepare for success in school and their future jobs. Actually teachers do not teach only the academic syllabus. They are students' assets as they have the power to change and fruitfully ignite their lives. So in this field the knowledge of child psychology helps the teachers to guiding as counsellor.

❖ *Central Point*: A teacher is at the heart of any process of education. Formally teachers are called central point of the development of the students. Because proper directions of the teachers helps build a good ideal life of the students. So in the field of development of practical as well as theoretically situation of the child the knowledge of child psychology is very valuable aspect to the teachers.

❖ *As an Ideal Teacher*: As an ideal teacher the role of teacher is exception. An ideal teacher is not just an educator; they are also a mentor. Especially they instil values like honesty, integrity, and perseverance, setting a positive example for their students. Besides beyond academic prowess, they are empathetic and compassionate, making an effort to understand each student's unique needs and challenges. If we want broadly speaking an ideal teacher is a motivator and an inspiration. Teachers ignite curiosity, encourage questions, and foster a thirst for knowledge. They create a classroom environment where students feel safe, valued, and respected. The impact of an ideal teacher is immeasurable, shaping not only the minds but also the hearts of their students, leaving an indelible mark on their lives. Knowledge of child psychology is essential in fulfilling all those aspects.

❖ *Individual Differences*: We know that every person has difference in every aspect. It may be physically, mentally as well as spiritually. As a teacher need to understand different characteristics and necessity of the students in different time if want to effectively teach. Because the aspect of individual difference has impact in field of learning of the students. In this field teachers must know about the proper knowledge of child psychology and then the teaching process will be more effective.

❖ *Stage of Development*: One of the significant aspects of child psychology is stage of development. In the field of these stages the knowledge of child psychology is very important for teachers because it helps them understand the developmental stages of children and how they learn. Actually understanding how children think, feel, and behave, teachers can create effective lesson plans, communicate with students in a way that is appropriate for

their age and cognitive abilities, and provide support and guidance to help them succeed. Therefore proper knowledge of the child psychology helps teachers their teaching methods to meet the needs of their students, and create a positive minds.

CONCLUSION

At the end it can be said that human life is a wider and complex phenomenon. In this event of life every human being faces new problems and decisions in everyday. Hence it is absolutely essential that he knows and understands himself. Child psychology is very vast topic and this psychology wants to analyze the human life from the time of baby is conceived to ending of life. But the main aims and objective of this psychology is to overall study about the stage of childhood i.e. pre-adolescent stage of human being. In these particular times a child develops in different aspects like physically, mentally, socially, emotionally as well as spiritually. As a parent, teacher as well as a responsible person of a society can play a vital role in development of different aspects of a child. Without positive role of the parents, teachers and societies we can't think about the overall development of a child. At last it may conclude that parents and teachers both are role models to every child in their overall developments. Therefore the knowledge of child psychology is not only for parents and teachers. It is also important for all of us. The importance of knowledge of child psychology has increased day by day at the present time. So if we want to all round development of the children especially till childhood stage then we all are as a parent, as a teacher, as an ideal person of the society, head of the family and as an elder person of the home should play a vital role as well as must gain proper knowledge of the child psychology. This is the demand of reality of life.

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